ROBMS Cross Country September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6 No Practice	7 No Practice	8 No Practice
FIRST PRACTICE! 2:30-4:30 @ Brackman	12 Practice 2:30-4:30	13 Practice 2:30-4:30	14 Practice 2:30-4:30	15 Meet vs Central AWAY Starts at 3:45pm
18 Practice 2:30-4:30	19 Practice 2:30-4:30	20 Practice 2:30-4:30	21 Practice 2:30-4:30	22 Practice 2:30-4:30
25 Practice 2:30-4:30	26 Meet vs Pt. Boro HOME Starts at 4pm	27 Practice 2:30-4:30	28 Practice 2:30-4:30	29 Practice 2:30-4:30

^{*}Tentative Schedule as of August 28, subject to change!

ROBMS Cross Country October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Practice 2:30-4:30	3 Practice 2:30-4:30	4 Practice 2:30-4:30	5 Practice 2:30-4:30	6 Practice 2:30-4:30
9 NO SCHOOL. NO PRACTICE.	10 Practice 2:30-4:30	Meet vs TR South HOME Starts at 3:45pm	12 Practice 2:30-4:30	13 Practice 2:30-4:30
16 Tri vs Lacey/LKWD HOME Starts at 4:00pm	17 Practice 2:30-4:30	18 Meet vs Pinelands HOME Starts at 3:45pm	19 Practice 2:30-4:30	20 Practice 2:30-4:30
23 Practice 2:30-4:30	24 Meet of Champions @ OC County Park	25 Meet vs Manchester AWAY Starts at 3:45pm		

****The OC Meet of Champions is a *Varsity Only Event*. More details will be released later, including our end of season party.****